

## The NIHR CLAHRC Oxford Stakeholder Symposium 2019

Friday, February 15<sup>th</sup>, 9am to 3pm, Saïd Business School, Park End Street, Oxford, OX1 1HP

### Programme.

**09:00 - 09:30** - Registration and refreshments

**09:30 - 09:45** - Welcome

**09:45 - 10:30** - Short presentations from CLAHRC Oxford research themes with Q&A time

- **Implementing a new psychological medicine service in the Oxford cancer centre, which will highlight collaborations between the university, NHS and charity (Macmillan Cancer Support), and implementation**  
Dr Jane Walker, *Senior Clinical Researcher, Department of Psychiatry, University of Oxford, and Consultant Psychiatrist in Psychological Medicine at Sir Michael Sobell House Hospice.*
- **Industry and food retail collaborations to develop interventions for healthier eating**  
Dr Carmen Piernas, *Research Fellow, Nutrition, Obesity and non-communicable diseases, Nuffield Department of Primary Care Health Sciences, University of Oxford.*
- **A measure that works for health and social care**  
Professor Ray Fitzpatrick, *Professor of Public Health and Primary Care, Nuffield Department of Population Health, University of Oxford*

**10:30 - 11:15** - Extended networking refreshment break

**11:15 - 12:30** - Panel Discussion – Sustainability and Transformation in Health and Social Care

*The panel discussion will include plenty of time for questions from the audience, including an opportunity to submit questions at coffee, via a suggestion box.*

The Panel will include:

- Professor Gary Ford, CBE, CEO of Oxford AHSN,
- Lou Patten, Chief Executive of Ayelsbury Vale and Chiltern, and Oxford Clinical Commissioning Groups (CCGs)
- Douglas Findlay, Patient and Public Contributor, public member of the Bucks, Oxon and Berks Sustainability and Transformation Partnership (STP)
- Dr Nick Thomas, principal GP at the Windrush Medical Practice in Witney, West Oxfordshire.
- The chair will be Professor Sue Dopson, Rhodes Trust Professor of Organisational Behaviour, Saïd Business School, University of Oxford

**12:30 - 13:30** - Lunch and networking

**13:30 - 14:00** - Digital Health: its scope and limits\*

**Professor John Powell**, Nuffield Department of Primary Care Health Sciences, University of Oxford and Consultant Clinical Adviser in the Centre for Health Technology Evaluation at NICE

**14:00 - 14:45** - Short presentations from CLAHRC Oxford research themes with Q&A time.

- **The OPTIMISE Study**  
*Dr James Sheppard, University Research Fellow and Sire Henry Dale Fellow, Nuffield Department of Primary Care Health Sciences, University of Oxford*
- **iBest and iSARAH: Implementing proven interventions in the real world**  
*Dr Esther Williamson, Deputy Director, Centre for Rehabilitation Research In Oxford (RRIO), Nuffield Department of Orthopaedics, Rheumatology and Musculoskeletal Sciences (NDORMS), University of Oxford.*
- **Developing a competency matrix for NHS staff using participatory action research.**  
*Antoinette Broad, Matron for community nursing, Oxford Health NHS FT*

**14:45 - 15:00** - Closing remarks

*Refreshments and an opportunity for further networking will be available after 15.00.*

## **Speaker and Panel Members Biographies**

### **Professor Gary Ford, CBE, CEO Oxford AHSN**



Professor Ford was appointed Chief Executive Officer of the Oxford AHSN in 2013. Gary has led the adoption of innovation in stroke care for many years. He remains a practising clinician as a consultant stroke physician at Oxford University Hospitals NHS Foundation Trust. He is also Professor of Stroke Medicine at the University of Oxford.

Gary was Director of the National Institute for Health Research (NIHR) stroke research network from 2005-2013 and is a member of the NIHR strategy board.

### **Louise Patten, Chief Executive of Aylesbury Vale and Chiltern, and Oxford Clinical Commissioning Groups (CCGs)**



Lou Patten has been Chief Executive of Aylesbury Vale and Chiltern CCG since June 2016, having previously been Chief Officer at Aylesbury Vale CCG since 2013. She successfully led the federation of the two Buckinghamshire CCGs and has led on the successful bid for Buckinghamshire to become one of the first eight Accountable Care Systems (ACS). During this time she has developed high performing CCGs with a national reputation for strong clinical leadership and innovation.

A registered nurse, Lou has developed a patient focused approach to system wide change across Buckinghamshire, working in partnership with other health and care organisations.

### **Douglas Findlay, Patient and Public Contributor, public member of the Bucks, Oxon and Berks Sustainability and Transformation Partnership (STP)**



Douglas Findlay is an enthusiastic advocate of the NHS, he is involved with a number of NHS organisations in a lay capacity where he endeavours to be an “honest mirror” for the people he works alongside. Douglas is currently an NHS patient and has been a carer for his parents and advocate for others who have asked for help. He started his voluntary work as a board member of his local Healthwatch and as a volunteer at his Local Acute Hospital and the Community Mental Health Trust. As with most voluntary work, the commitments have grown to fill the time, so his involvement work now includes local, regional and national projects.

### **Dr Nick Thomas, principal GP at the Windrush Medical Practice**



Dr Thomas is principal GP at the Windrush Medical Practice in Witney – a CQC ‘outstanding practice’.

Dr Thomas been the Primary Care Specialty Clinical Lead within the NIHR Clinical Research Network (CRN) Thames Valley and South Midlands (TVSM) for over four years, overseeing expansion within the network with more practices and CCG's doing research than ever before, establishing links with research units all over the country. The NIHR CRN TVSM is established as one of the top clinical research networks in England.

Healthcare delivery and patient representation is extremely important to Dr Thomas, who is also a committee member on the Individual Funding Request (IFR) Panel at OCCG and am the Clinical Lead of WestMed (West Oxfordshire GP Federation).

## Collaboration for Leadership in Applied Health Research and Care Oxford



### **Professor John Powell, Nuffield Department of Primary Care Health Sciences, University of Oxford**



John Powell is an academic public health physician and health services researcher who has been working in the area of digital health for 20 years. He combines an academic career at the University of Oxford with a role as Consultant Clinical Adviser in the Centre for Health Technology Evaluation at NICE, where he is currently working on the new NICE approach to health apps with the Medical Technology Evaluation Programme.

He was formerly Professor of Public Health at the University of Warwick where he led an Ehealth Research Group for seven years and helped establish the Institute for Digital Healthcare.

### **Professor Richards Hobbs, CBE, Director, NIHR CLAHRC Oxford**



As well as being Professor and Head of the Nuffield Department of Primary Care Health Sciences, Professor Hobbs is also the National Director of the NIHR School for Primary Care Research (2009-). He sits on many national and international scientific and research funding boards, including the Council of the British Heart Foundation (until 2012), the Board of the British Primary Care Cardiovascular Society, and is the President of the European Primary Care Cardiovascular Society (EPCCS).

His research interests focus on cardiovascular epidemiology and clinical trials, especially relating to vascular and stroke risk, and heart failure.

**Theme speakers:**

**Dr Jane Walker, Senior Clinical Researcher, Department of Psychiatry,  
University of Oxford**

*CLAHRC Oxford Theme – Better Management of medical-psychiatric  
multimorbidity*



Dr Walker's work is dedicated to improving the lives of people with severe medical illnesses by integrating psychiatry into medical care. Her research includes epidemiological studies, intervention development and clinical trials. I also train and supervise medical and nursing staff to provide integrated mental and physical healthcare. She works clinically at Sir Michael Sobell House Hospice.



**Dr Carmen Piernas, Research Fellow, Nutrition, Obesity and non-communicable diseases, Nuffield Department of Primary Care Health Sciences, University of Oxford.**

*CLAHRC Oxford Theme – Behaviour change: Diet and Obesity*

Dr Piernas is a Nutrition scientist whose principal research interests lie in the prevention and management of non-communicable chronic disease through dietary improvements, in particular, obesity and cardiovascular disease. She is currently developing a new research project, funded by the NIHR CLAHRC Oxford, which involves practical approaches to decrease saturated fat intake in primary care patients at risk of cardiovascular disease.

**Professor Ray Fitzpatrick, Professor of Public Health and Primary Care,  
Nuffield Department of Population Health, University of Oxford**

*CLAHRC Oxford Theme: Patient experience and patient reported outcomes*



Professor Fitzpatrick is Fellow and Dean, Nuffield College, Oxford. He is currently National Programme Director, NIHR Health Services and Delivery Research, and is a member of the Scientific Advisory Committee, Arthritis Research UK. He is Assistant Director of a Department of Health Policy Research Programme Research Unit 'Quality and Outcomes of Person Centred Care' (QORU). The focus of his research is on evaluation of health services, and the use of evidence from patient reported outcomes and measures of health status and patient experience.



**Dr James Sheppard, University Research Fellow and Sire Henry Dale Fellow,  
Nuffield Department of Primary Care Health Sciences, University of Oxford**

*CLAHRC Oxford Theme – Patient self-management of chronic disease*

Dr Sheppard is a Population Health Scientist interested in better understanding the benefits and harms of treatments, with a particular focus on cardiovascular disease prevention. His research aims to develop tools which improve the targeting of preventative therapies such as antihypertensives and statins at patients with the most to gain. He leads the Stratified Treatments Research (STAR) Group which uses data from routine electronic health records to better understand the association between treatment and harms.



**Dr Esther Williamson, Deputy Director, Centre for Rehabilitation Research In Oxford (RRIO), Nuffield Department of Orthopaedics, Rheumatology and Musculoskeletal Sciences (NDORMS), University of Oxford.**

*CLAHRC Oxford Theme – Behaviour change: exercise and rehabilitation*

Dr Williamson's research interests include the management of spinal conditions and understanding issues related to patient adherence with exercise programmes and their understanding of pain. Her current research focuses on the management of back pain in older people and the development of complex interventions for a range of musculoskeletal conditions. She is currently the project lead for the NIHR funded BOOST (Better Outcomes for Older people with Spinal Trouble) programme of research and also works on projects related to the implementation of research findings into practice through the NIHR CLAHRC Oxford.

**Antoinette Broad, Matron for Community Nursing Central and North East Locality**

*CLAHRC Oxford Theme – Early intervention and service redesign*

Antoinette is the Matron for community nursing, Central and North East Locality, based at the Kidlington Medical Centre. Antoinette's main passion has been the care of the older adult. In 2004 she set up the Oxfordshire Falls prevention service which has been recognised nationally as a leading model of care. In 2010 she set up a Care Home Support Service; a multidisciplinary team that supports care home staff with the early detection of deteriorating residents, supporting discharge from acute hospital care, focusing on falls prevention and increasing awareness and competence of care home staff in managing their residents with complex conditions.



In 2012 she was part of a successful collaborative bid with Dr Jane Fossey to the Department of Health Dementia Strategy fund enabled the integration of a mental team within the Care home support service.

**More about the NIHR CLAHRC Oxford:**

The CLAHRCs are regionally-based partnerships between local providers of NHS services (such as hospital trusts) and universities, funded by the National Institute for Health Research (NIHR). These partnerships also include other organisations such as health-related businesses and charities, and the local Academic Health Science Network.

Together with these partners, the CLAHRCs identify local and national health and social care priorities and fund applied research which address these.

CLAHRC Oxford is hosted by Oxford Health NHS Foundation Trust and work with the University of Oxford and Oxford Brookes University, among others (see our partners page for more details).

Or contact us: [nihrclahrc@phc.ox.ac.uk](mailto:nihrclahrc@phc.ox.ac.uk) | (01865) 289300