

CLAHRC Executive Group Meeting Minutes

Collaboration for Leadership in Applied Health Research and Care

Tuesday 9th September 2014 (14.00 – 15.30)
NDPCHS, New Radcliffe House, Walton Street, Jericho, OX2 6NW

Chair: Prof Richard Hobbs

Attendees		
	Alana Morris – AM	Michael Sharpe - MS
	Alex Gardiner – AHG	Mina Fazel - MF
	Belinda Lennox – BL	Raymond Fitzpatrick – RF
	Bill Wells – BW	Richard Hobbs – RH
	Chandi Ratnatunga - CR	Richard McManus – RMcM
	Christopher Pugh - CP	Sallie Lamb - SL
	Denise Best – DB	Carla Betts – CB (minutes)
	John Geddes – JG (part)	

Item	Subject	Action	Progress	✓
1.	Introductions and Apologies			
	<p>Introductions were made by all. Apologies were received from Sian Rees (SR) and Sue Dopson (SD).</p> <p>It was noted that the first Scientific Advisory Board will be moved back to February 2015. Membership will also be reviewed.</p>	Noted.		
2.	Minutes			
	<p>Minutes dated the 17th July 2014 were agreed as accurate.</p> <p><u>Dementia Care Programme bid</u> AHG announced that we were unsuccessful with funding (50%) for the three DPhil studentships as part of the NIHR CLAHRC research capacity in dementia care pilot programme. It was noted that funding was awarded to CLAHRC Greater Manchester, CLAHRC Wessex and CLAHRC East of England.</p>	Noted.		
3.	Finance			
	<p>BW and AG have met with the theme leads and have developed a report that contains the current breakdown of costs for each project, this will help identify any underspend and help cost projection going forward.</p> <p>AHG is developing the reporting system which will be populated and circulated to the theme leads, requesting review ahead of each Executive meeting. This will replace the current narrative format and streamline output collection.</p> <p>BW stated that there haven't been any changes in matched funding.</p> <p>RH reiterated that we do not have any flexibility within the budget. Any underspends must not automatically be reallocated by the theme leads. These will be recovered to the core budget before recommitting.</p>	<p>BW / AHG</p> <p>AHG</p>		
4.	Update from each Theme Lead			
	<p>Theme 1 (Professor John Geddes) Early Intervention and Service Redesign across organisational boundaries</p> <ul style="list-style-type: none"> EMU (2 projects) 	<p>Noted.</p> <p>JG / BL</p>		

	<ul style="list-style-type: none"> - Quantitative analysis (awaiting senior postdoc appointment to progress) - Qualitative study – ethnographic approach being developed • Early intervention in psychosis <ul style="list-style-type: none"> - Developing project proposal - Link with AHSN digital health - Link with CSU for informatics - Clinical academic service in Oxford Health has been through consultation and new posts are being recruited to • Dementia care homes <ul style="list-style-type: none"> - Environment project report submitted to DoH - Qualitative data collected - Care home inreach service starting September 2014 • Interview date for the Postdoc statistician post (EMU) has been scheduled for the 16th September – currently only one eligible candidate • SBS postdoc (Interviewed 5th Sept) post offered to excellent candidate, start date imminent • Band 4 RA being recruited in dementia care • Margaret Glogowska (DPCHS) working on EMU ethnographic study. <p>Further projects with matched funding potential:</p> <ul style="list-style-type: none"> • School based mental health (Mina Fazel) • SALT telemedicine, linked to CETAL, economic evaluation deliberate self harm (Keith Hawton) • New matched funding from AHSN new clinical network on out of hospital care (Dan Lasserson) • Meeting with Louise Locock and Sian Rees with Early intervention group about a joint proposal for funding for EBDC in youth mental health <p>Outputs</p> <ul style="list-style-type: none"> • Meeting with new CCG Chief Exec David Smith including personal tour and Q&A on EMU • Meeting with NHS Wiltshire health economy representatives from acute, community CCG and social care • Initial discussion with Dr David Bruce, Consultant Geriatrician, Chief of Service Elderly Medicine, County Durham and Darlington Foundation Trust about setting up EMU in the North East • International Impact: Dan Lasserson and others – advising Hunter Medical Research Institute (www.hmri.com.au) on bid to become an Advanced Health Research and Translation Centre, including sharing CLAHRC model. <p>There was discussion around applying for a Programme Grant from the NIHR to fully support the EMU.</p> <p>Theme 2 (Professor Sallie Lamb) Health behaviours and behavioural interventions</p> <ul style="list-style-type: none"> • Implementation of cognitive behavioural approaches for low back and chronic pain in primary care. • Exercise for dementia in community settings • NHS Health Checks – generating evidence to inform practice and uptake <ul style="list-style-type: none"> - SL stated that it has taken time finding traction and a research area of the right size for the NHS health checks. 	SL		
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The Oxford CLAHRC comprises a new collaboration of world leading applied health researchers.

<p>New Personnel</p> <ul style="list-style-type: none"> • Helen Richmond, working on project 1 (implementation of CB approaches for LBP) awarded PhD. • Alana Morris has started - supporting co-ordination of CLARHC activity within our theme. • Recruitment of a post-doctoral researcher with experience in implementation is in progress (Dr Amanda Hall) <p>Finance</p> <ul style="list-style-type: none"> • NIHR PGfAR programme grant - awarded. This work will complement project 1. • Cohort study to develop a prognostic tool to aid identification of important targets for treatment amongst older patients presenting with LBP • RCT of physiotherapy intervention for neurogenic claudication with intervention design to aid implementation <p>Matched funding</p> <ul style="list-style-type: none"> • Exploring matched funding with Kadoorie Charitable Trust and Clinical Director of NOC. <p>Outputs</p> <p>Newsletter</p> <ul style="list-style-type: none"> • CLAHRC Partnership Programme Public Health newsletter piece on Physical Activity in Dementia qualitative work. <p>Publications</p> <ul style="list-style-type: none"> • Systematic review published in Journal of Orthopaedic and Sports Physical Therapy. Acknowledged the CLAHRC. Comparing early ankle movement versus ankle immobilization after surgery for ankle fracture on clinical and patient-reported outcomes. • Lancet publication of SARAH Trial (Strengthening and Stretching Exercise for Rheumatoid Arthritis of the Hand). Final proofs are signed off, and publication will be in the next few months. The intervention is a progressive muscle strengthening regimen for RA hands, and we are likely to progress the next phase of this project as implementation through the CLAHRC. <p>Presentations of the Back Skills Training trial implementation studies at the International Forum for Low Back Pain Research (September):</p> <ul style="list-style-type: none"> • New frontiers for primary care back pain research: The Ageing Population (SL) • How important is physiotherapist competence in the delivery of cognitive behavioural approaches (CBA) for low back pain? (SL) • Implementation of the BeST intervention: a group cognitive behavioural approach for patients with low back pain (Dr Helen Richmond) <p>Presentations at Physiotherapy UK (Chartered Society of Physiotherapy Congress), October:</p> <ul style="list-style-type: none"> • The long term follow up of a randomised controlled trial evaluating a hand exercise programme for people with rheumatoid arthritis (Dr Esther Williamson) • Can physiotherapy rise to the challenges of quality service provision for an ageing population (SL) - early experiences of our work on exercise and dementia • Treatment compliance and effectiveness of a cognitive behavioural intervention for low back pain (Zara Hansen) • (Poster) An exploration into the implementation of the BeST intervention: a 			
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	<p>group cognitive behavioural approach for patients with low back pain (Dr Helen Richmond)</p> <ul style="list-style-type: none"> (Poster) How important is physiotherapist competence in the delivery of cognitive behavioural approaches for low back pain? (Zara Hansen) <p>SR Comparing early ankle movement versus ankle immobilization after surgery for ankle fracture on clinical and patient-reported outcomes was also presented at the NIHR training forum and won the award for best poster.</p> <p>SL also raised that there is some patient related translational research carried out in Norway that has been supported by the CLAHRC. AHG to get details for metrics.</p> <p>Intellectual Property Progressing work with Isis Innovation on due diligence for IP associated with the BeST (Back Skills Training) and SARAH (Strengthening and Stretching Exercise for Rheumatoid Arthritis of the Hand).</p> <p>SL has had a series of meetings with the Allied Health Professional Lead for Public Health England, and is part of the project board for Making Every Contact Count. This fits well with the theme content.</p> <p>Theme 3 (Professor Ray Fitzpatrick) Patient experience and patient reported outcomes: assessment and impact on services</p> <ol style="list-style-type: none"> PROM for LTCs PROMs and PREMs implementation Impact of patient experience on health economy <ul style="list-style-type: none"> Projects 1 and 2 are on target and going well. Recruitment for project 3 is in hand in NDPCHS (LL/JP). Ethics approval has been secured and research governance approvals in relation to early work on 1 and 2. An important breakthrough has been the appearance of practices in both Thames Valley and NW London who have committed to work with us in the identification and recruitment of patients with long term conditions. Research interviews can now actually begin in the immediate future. RF met with AHG and BW last week to review finances – Projects 1 and 2 had an overspend, which is balanced by the underspend in project 3. One member of theme team has just left and we are interviewing in early October for replacement. With data collection starting next month, realistically outputs will be achieved in the new year. RF stated that he has a couple of outputs that can be associated to the CLAHRC. <p>Theme 4 (Professor Michael Sharpe) Better management of psychiatric comorbidity in the medically ill: developing integrated care</p> <ul style="list-style-type: none"> Palliative care and depression Cancer and depression Psychological care of medical inpatients 	<p>AHG</p> <p>RF</p> <p>MS</p>		
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<ul style="list-style-type: none"> • Diabetes and depression <p><u>Personnel</u></p> <ul style="list-style-type: none"> • Full time clinical researcher appointed – start date TBC. • Part time researcher appointed for 1 year • 2 post-doctoral researcher posts to be advertised this month <p><u>Finance</u></p> <ul style="list-style-type: none"> • On target. JW to meet with BW and AHG this month. <p><u>Matched Funding</u></p> <ul style="list-style-type: none"> • Matched funding from OUHT and OHFT substantially greater than theme budget and likely to increase substantially with investment by Trusts. <p><u>PPI</u></p> <ul style="list-style-type: none"> • Lay member of research team identified <p><u>Outputs</u></p> <ul style="list-style-type: none"> • 3 linked papers published in Lancet journals (The Lancet, The Lancet Oncology and The Lancet Psychiatry), all acknowledging support from CLAHRC. Large amount of media interest nationally and internationally. • MS has also been shortlisted for RCPsych Psychiatrist of the year and matched funded team for Psychiatric Team of the Year. <p>AHG announced that the first CLAHRC BITE (Brokering Innovation Through Evidence) will be produced around Cancer and Depression.</p> <p>Theme 5 (Professor Richard McManus) Optimising the health of people at risk of or with chronic disease through self-management</p> <p>DPhils:</p> <ul style="list-style-type: none"> • Obesity • Self-management COPD • Risk in type 2 diabetes <p>Projects:</p> <ul style="list-style-type: none"> • Self-management of antihypertensives after hypertensive pregnancy • Self-management of bipolar disorder • What works in self-management in practice? <p>DPhils for COPD and Diabetes were advertised late due to university delay in agreement of matched funding. Agreement to roll over to next year. Little impact on NIHR budget as mostly funded through matching.</p> <p>Self-management in pregnancy study going well and progressing to permissions. External peer review of the protocol complete and protocol etc. with CTRG prior to REC submission. Self-management in practice protocol development in place. Development of IT side of interventions has commenced.</p> <ul style="list-style-type: none"> • Finances and matched funding are on target • PPI in place in individual projects and developing for theme as a whole • New fellow advertised in LT's group to cover technology needs <p>Realistically the main outputs will be achieved in the new year. DPhils will start on</p>	<p>RMcM</p>		
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	<p>earlier SRs, editorials are being considered.</p> <ul style="list-style-type: none"> RH stated that he had added the CLAHRC acknowledgement on the JAMA TASMIN-SR paper <p>Early outputs Early outputs such as a methods papers, systematic reviews and protocols were discussed again. There may be the possibility of funding open publications from a central source of funds.</p>																															
5. Communications update																																
	<p>Website www.clahrc-oxford.nihr.ac.uk</p> <table border="1" data-bbox="185 801 847 940"> <thead> <tr> <th></th> <th>June</th> <th>July</th> <th>August</th> </tr> </thead> <tbody> <tr> <td>Unique page views</td> <td>1,469</td> <td>1,073</td> <td>1,185</td> </tr> <tr> <td>Unique visitors</td> <td>184</td> <td>165</td> <td>198</td> </tr> <tr> <td>% new visitors</td> <td>32</td> <td>42</td> <td>51</td> </tr> </tbody> </table> <p>Despite the typical August slump seen in website visitors across our sector, the number of visitors to the CLAHRC website has continued to increase, with around 50% of website visitors visiting for the first time. As more content is put up on the CLAHRC website, and with the launch of the CLAHRC newsletter this September, we aim for this trend of increasing visitors to increase into the future. We are reorganising some of the navigation of the CLAHRC website to make it easier for visitors to continue their journey around the site when they arrive.</p> <p>A team space is currently in development that will be accessible through the Oxford Single Sign-On, this will include meeting agendas, minutes, board papers and other internal documentation.</p> <p>It was suggested to use iTunes University.</p> <p>Twitter www.twitter.com/CLAHRC_Ox</p> <table border="1" data-bbox="185 1487 828 1590"> <thead> <tr> <th></th> <th>June</th> <th>July</th> <th>August</th> </tr> </thead> <tbody> <tr> <td>Twitter followers</td> <td>49</td> <td>73</td> <td>87</td> </tr> <tr> <td>Twitter engagement</td> <td>14</td> <td>7</td> <td>14</td> </tr> </tbody> </table> <p>Twitter followers now stand at 87 and have increased steadily since launching in May. Twitter is proving a popular and easy means of engaging with CLAHRC partners, helping to raise awareness of partner initiatives in addition to promoting CLAHRC Oxford news stories and other opportunities throughout our extended network. Engagement (replies, retweets, clicks) is relative to our reach which is low but growing each week. As new website content is developed and shared across social media our reach will increase.</p> <p>Please follow us on Twitter!</p> <p>Newsletter Using MailChimp, the first CLAHRC Oxford e-newsletter will be launched in September. Featuring news, funding and training opportunities, this will aim to sign-post subscribers back to the CLAHRC website. We aim to grow newsletter subscribers with the help of CLAHRC partners.</p>		June	July	August	Unique page views	1,469	1,073	1,185	Unique visitors	184	165	198	% new visitors	32	42	51		June	July	August	Twitter followers	49	73	87	Twitter engagement	14	7	14	DRD		
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	<p>Sign up for our newsletter here</p> <p>Communications Strategy The CLAHRC communications strategy will be drafted between now and the end of 2014. Building on activity to date, it will include details of the target audiences, intended messaging and the channels to be used, including monitoring and evaluation of success.</p>			
6. PPI update				
	<p>PPI Coordinator post</p> <ul style="list-style-type: none"> • Interviews are scheduled for the 16th September (20 applications received, 6 have been shortlisted) • Initially this post will be for 18 months <p>PPI Strategy A joint DPCHS and CLAHRC strategy has been drafted based on submission to School of Primary Care refresh. This has been circulated for feedback.</p>	SR		
7. Training and Development				
	<p>Following the last Executive meeting it was agreed to invite Prof Chris Pugh (CP) and Dr Denise Best (DB) from Oxford University Clinical Academic Graduate School (OUCAGS) to discuss potential training and development synergies within the CLAHRC.</p> <p>DB and CP shared information on what they are doing in the BRC/BRU.</p> <p>A package for a bid was discussed:</p> <ul style="list-style-type: none"> - Courses that improve professional skills - Developing themselves as researchers in their own right - Commissioned Prof Mary Boulton (Brookes Uni) - Study is currently being written up and will be shared with the NIHR <p>A research and training coordinator is currently developing a program to engage research nurses in development.</p> <p>DB stated that the next Training Leads meeting is in March and that Dame Sally Davies attended the previous training camp.</p> <p>Suggested areas of funding:</p> <ul style="list-style-type: none"> - Management training (Championed by members of the BRC) - MBAs - Small number of Fellowships for Clinicians - Internship schemes and bursaries - Enhancing experience during careers - Building ethos (nonspecific profession) - Multi professional trainees - FHS medical third year students - opportunity for applied projects - It was suggested to link in with Catherine Stoddart, new chief nurse for OUH <p>DB and CP stated that they would be happy to look at joint initiatives with the CLAHRC and are looking for new partnerships (especially within the Dementia theme).</p> <p>DB stated that there is a pilot research course starting on Saturday (4 x sessions) that covers the below topics. 40 people are registered.</p> <ul style="list-style-type: none"> - Designing your research question - Systematic review /Critical appraisal 			

	<p>DB /CP stated that there is a lot of work taking place and that it would be good to coordinate this across the themes. E.g. offering opportunities for internships etc.</p> <p>AHG to carry out a mapping exercise of the training network in Oxford and the potential relationship with the CLAHRC as well as metrics on training opportunities provided. AHG to look at the national picture for comparison and report back at the next Executive meeting. CB to add to agenda.</p> <p>DB stated that there is soon to be a finalised study on how to fit into the research arena that can be shared if of value.</p> <p>CB to including Training on the next Executive agenda.</p>	<p>AHG CB</p> <p>CB</p>		
8. Potential new CLAHRC supported projects				
	<p>Mina Fazel presented the below Primary Child and Adolescent Mental Health Services (PCAMHS) project to the Executive Board.</p> <p><i>'How can mental health services best reach and treat children and adolescents?'</i> Oxfordshire Schools Mental Health InReach – a pilot early intervention service</p> <p>Unfortunately there is no funding available within the CLAHRC budget to support this project, however it was very useful in terms of brainstorming alternative and more tangible future routes that the CLAHRC may be able to support similar projects.</p> <p>CB to add to the next agenda: <i>How we can support new projects beyond the existing themes?</i></p>	<p>Noted.</p> <p>CB</p>		
9. AHSN				
	<ul style="list-style-type: none"> CR stated that the networks have found it difficult to get going Four common work programmes supported by 2 themes – networks and themes are working well RH is meeting with GF to look at potential links / mapping areas Charles Vincent is leading an application for patient safety funding for the AHSN. 	<p>RH</p>		
10. Any Other Business				
	<p>CLAHRC North West London Collaboration: COPD Discharge Care Bundle</p> <p>CLAHRC North West London Collaboration: Visioning Event</p> <ul style="list-style-type: none"> AHG will feedback once a preliminary meeting has taken place <p>James Lind Alliance</p> <ul style="list-style-type: none"> Invitation for Bipolar PSP partnership agreed. It was noted that should be a minimal amount of work. <p>CLAHRC BITES</p> <ul style="list-style-type: none"> It was agreed that content used for CLAHRC BITES must be peer reviewed and published before being used <p>Stakeholder Symposium Event</p> <ul style="list-style-type: none"> Thursday 11th December (12.00 – 17.00 at St Anne's College) A finalised programme will be presented at the next meeting; <ul style="list-style-type: none"> Welcome and Intro Theme Leads update 	<p>AHG</p>		

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NIHR Oxford CLAHRC

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	<ul style="list-style-type: none"> - Forum for discussion • A finalised agenda will be agreed at the October Executive meeting. CB to add to agenda. <p>Theme Images (logos)</p> <ul style="list-style-type: none"> • DRD will circulate a theme image to each of the theme leads for approval 	CB		
		DRD		
11.	Date of next meeting			
	<p>The next CLAHRC Executive meeting has been scheduled for Monday 6th October (10.30 – 12.00).</p> <p>CB will circulate a doodle poll to diarise further 2015 meeting dates.</p> <p>Reminder: The Stakeholder Symposium Meeting will take place on Thursday 11th December (12.00 – 17.00) at St Anne’s College, Oxford. Please ensure that this date is in your diary for presenting your theme.</p>	All		
		CB		
		All		